



ASHIRAYA

SACRED MUSIC

Who Are Ashraya?

"We are six friends who share a love for kirtan, sacred music and the bhakti tradition. We are honoured to play our kirtan weekly at The Mantra Room on the Gold Coast. We also share our music at retreats, kirtan events and sacred music festivals both locally and nationally.

"From harmonium chants to gorgeous acoustic candlelight kirtans and guided meditation soundscapes to "rock out kirtan parties" mixed with touches of country, indie rock/pop and groovy world fusions. Kirtan brings us joy and we find happiness sharing it with everyone we meet."

Madya Lila ... Lead Vocals, Harmonium

Radha Krishna Das ... Lead Vocals, Guitar, Bass

Nitai ... Guitar, Bass

Jay ... Drums

Wayne ... Guitar, Bass

Kalindi ... Vocals, Keyboard



Gig Experience

The Mantra Room 2010 - 2018

House Band at The Mantra Room on the Gold Coast

Yoga Day Festival 2015, 2016, 2017, 2018

Headlining kirtan artists for Yoga Day Festival

Deepavali Fair, Parramatta Park 2014, 2015, 2016

Main Stage performances and in meditation marquee

The Yoga of Music Kirtan Retreat 2015, 2016, 2017, 2018

Australia's leading kirtan artists, international speakers and healthy living workshops.

India Tour 2015

Meditation, yoga wisdom and kirtan at events, schools and retreats in Kerala, Tamil Nadu and Odisha

Darwin Kirtan Yoga Retreat 2016

Offered spiritual talks, kirtan and daily meditations

Gokula House Yoga & Meditation Retreat 2015

Guest artists at a yoga retreat in Melbourne

Griffith University 2015

Special guest kirtan artists for a campus event

Bond University 2015

Meditation, and kirtan performance for students

Sri Krishna Janmashtami 2017

Performed devotional songs and kirtan for Sydney's biggest Janmashtami festivals

Bali Kirtan Immersion Retreat 2017, 2018

5 days of morning meditations, kirtan, and yoga wisdom followed by a community outreach performance at Tera Kasih Bali - Seeds of Love music school in Singaraja.

Darwin Tour 2017, 2018

Kirtan, meditation and yoga wisdom events in Darwin including Yoga Day Festival

New Zealand's International Yoga Festival 2018

Headlining kirtan artists for New Zealand's 7th International Yoga Festival at Kawai Purapura

Mind Body Spirit Festival Sydney 2018

Performing our meditation Journey at the May 2018 Mind Body Spirit Festival in Darling Harbour, Sydney

Kirtan Leaders

Madya Lila

Long time Bhakti yoga practitioner and harmonium artist, Madya Lila is known for her angelic voice and has helped the band gain recognition for skilfully combining the ancient mantras of yoga with the rhythms and melodies of the modern world. Raised in a family of yogis, yoga has been a part of Madya Lila's life from birth. She enjoys sharing her lifelong love of kirtan, meditation, asanas and the deeper spiritual practices the yoga tradition has to offer.



Radha Krishna Das

Radha Krishna Das has been a student and practitioner of yoga philosophy and the yoga lifestyle for the past 35 years. His personal spiritual journey began as a teen when he began questioning the cause of the inequalities and suffering that are obvious in the world. In 1978 he had the great fortune to meet his Guru or spiritual teacher, Jagad Guru Siddhaswarupananda Paramahansa who kindly introduced him to the unparalleled treasure of the complete yoga system and who expertly guides him in his personal journey of self-discovery. Radha Krishna Das is inspired to share the profound yoga wisdom, teachings and practices with other individuals who can apply them in their own personal lives to optimize their physical, mental and spiritual well-being.

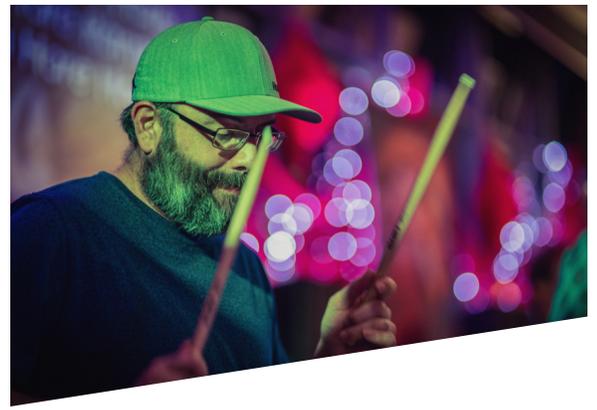




NITAI

Electric, acoustic & bass guitar.

His musical artistry and flawless rhythm stems from a life long love of guitar. Inspired by the peace that kirtan brings to his life, he thrives off seeing others benefit from kirtan.



JAY

Jedi drummer and master percussionist.

A natural drummer from the age of 5, Jay is the heartbeat of Ashraya. A professional musician turned kirtan envoi, Jay enjoys seeing people let go of their worries with kirtan.



WAYNE

Guitarist.

A self taught musician and George Harrison fan, Wayne believes whole heartedly in the practice of mantra meditation for successfully weathering the storms of life.



KALINDI

Vocalist & Multipassionate Musician.

With a tender heart and a sweet, enchanting voice, Kalindi has blossomed since singing with Ashraya. Her desire to share her love of kirtan with others has helped her to develop musically and overcome her innate shyness.







Our Music

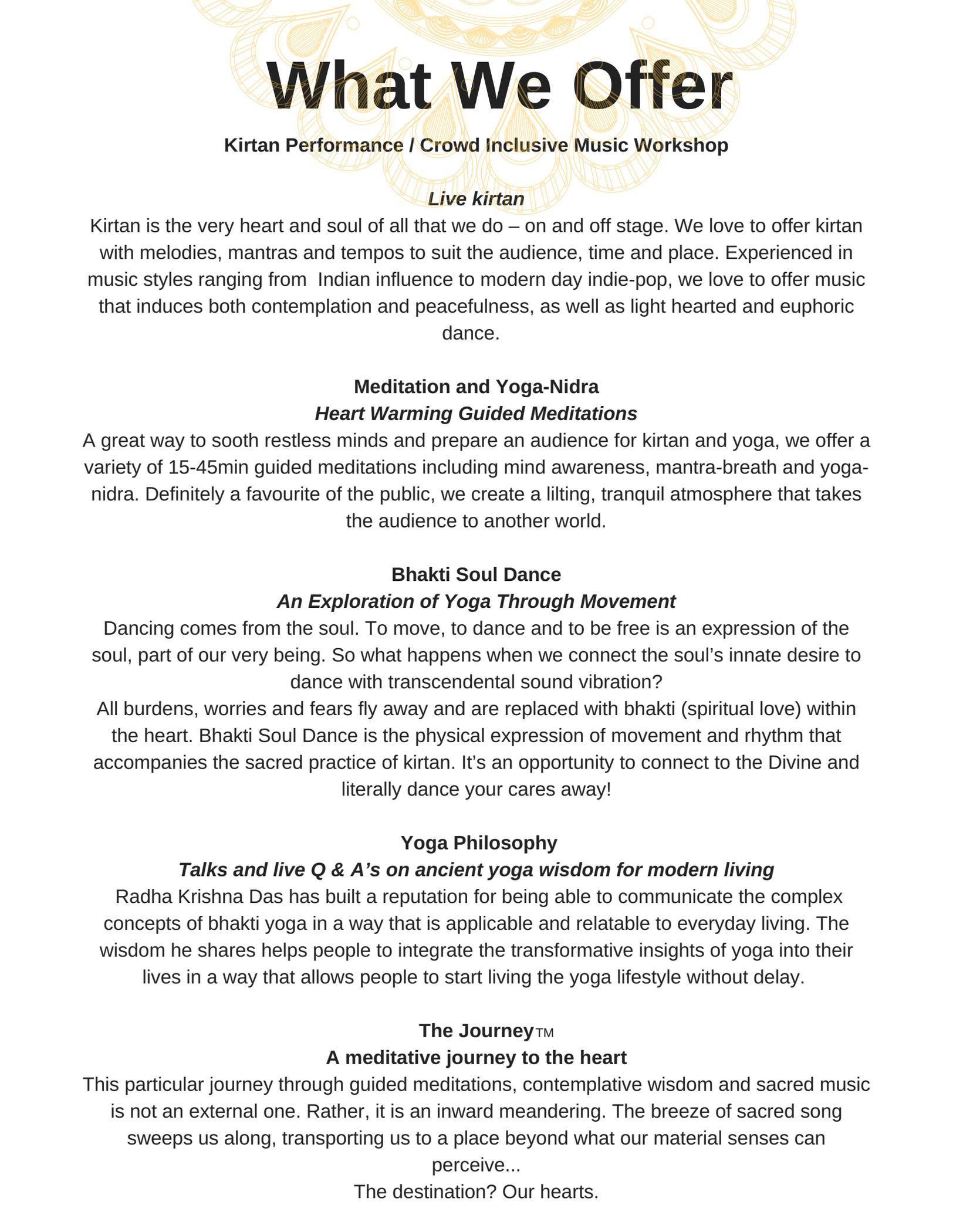
Website

www.Ashraya.band/our-music

Soundcloud

[/AshrayaBand](https://www.soundcloud.com/AshrayaBand)





What We Offer

Kirtan Performance / Crowd Inclusive Music Workshop

Live kirtan

Kirtan is the very heart and soul of all that we do – on and off stage. We love to offer kirtan with melodies, mantras and tempos to suit the audience, time and place. Experienced in music styles ranging from Indian influence to modern day indie-pop, we love to offer music that induces both contemplation and peacefulness, as well as light hearted and euphoric dance.

Meditation and Yoga-Nidra

Heart Warming Guided Meditations

A great way to sooth restless minds and prepare an audience for kirtan and yoga, we offer a variety of 15-45min guided meditations including mind awareness, mantra-breath and yoga-nidra. Definitely a favourite of the public, we create a liting, tranquil atmosphere that takes the audience to another world.

Bhakti Soul Dance

An Exploration of Yoga Through Movement

Dancing comes from the soul. To move, to dance and to be free is an expression of the soul, part of our very being. So what happens when we connect the soul's innate desire to dance with transcendental sound vibration?

All burdens, worries and fears fly away and are replaced with bhakti (spiritual love) within the heart. Bhakti Soul Dance is the physical expression of movement and rhythm that accompanies the sacred practice of kirtan. It's an opportunity to connect to the Divine and literally dance your cares away!

Yoga Philosophy

Talks and live Q & A's on ancient yoga wisdom for modern living

Radha Krishna Das has built a reputation for being able to communicate the complex concepts of bhakti yoga in a way that is applicable and relatable to everyday living. The wisdom he shares helps people to integrate the transformative insights of yoga into their lives in a way that allows people to start living the yoga lifestyle without delay.

The Journey™

A meditative journey to the heart

This particular journey through guided meditations, contemplative wisdom and sacred music is not an external one. Rather, it is an inward meandering. The breeze of sacred song sweeps us along, transporting us to a place beyond what our material senses can perceive...

The destination? Our hearts.

Ashraya is a Sanskrit word meaning shelter. In the beautiful, heart-warming mantras sung in kirtan, we find our shelter from the storms of life. We love sharing the joy of kirtan with our community.



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Website

www.Ashraya.Band





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